

Sarah Thompson, PT, DPT

Physical Therapist | Outpatient Orthopedic & Sports Rehabilitation

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SUMMARY

Licensed Doctor of Physical Therapy with 3.5 years of experience in outpatient orthopedic and sports rehabilitation. Evaluate and treat 12-14 patients daily using evidence-based manual therapy, therapeutic exercise, and functional training. Achieved an 88% goal-attainment rate, a 94% plan-of-care completion rate, and a patient NPS of 82. Colorado licensed.

CORE SKILLS

CLINICAL

Orthopedic & Sports Rehab Post-Surgical Rehab Manual Therapy Dry Needling Gait & Balance Training
Return-to-Sport Testing Vestibular Basics

ASSESSMENT

Functional Movement Screen Outcome Measures (LEFS, DASH, NDI, ODI) Special Tests Biomechanical Analysis

SYSTEMS & COMPLIANCE

WebPT Epic Medicare Documentation ICD-10/CPT HIPAA

CLINICAL EXPERIENCE

Physical Therapist

Jun 2023 – Present

Premier Orthopedic & Sports Therapy — Denver, CO

- Evaluate and treat 12-14 patients per day with musculoskeletal, post-operative, and sports-related conditions.
- Achieved 88% functional goal attainment and 94% plan-of-care completion across a caseload of 150+ patients.
- Developed an ACL return-to-sport program with objective testing; 92% of athletes returned to sport at 9 months.
- Improved average LEFS scores by 24 points within 8 weeks for knee and hip patients.
- Collaborate with orthopedic surgeons, athletic trainers, and PTAs; supervise 2 PT assistants and mentor DPT interns.

Physical Therapist

Aug 2022 – May 2023

Rocky Mountain Rehabilitation Hospital — Aurora, CO

- Provided inpatient and outpatient rehabilitation for stroke, joint replacement, and trauma patients.
- Reduced average length of stay by 1.2 days by early mobilization and caregiver training.
- Led balance and fall-prevention classes for 80+ older adults, reducing reported falls by 28%.
- Maintained compliant documentation, achieving a 100% audit pass rate for Medicare notes.

EDUCATION

Doctor of Physical Therapy (DPT)

University of Colorado Anschutz Medical Campus
2022

B.S. in Kinesiology

Colorado State University
2019

LICENSES & CERTIFICATIONS

- Licensed Physical Therapist, State of Colorado
- Dry Needling Certification (Level 1 & 2)
- BLS for Healthcare Providers
- APTA Member